

The Degree of Master of Health Sciences (MHealSc – 240 points)

These regulations must be read in conjunction with the General Regulations for the University.

1. Version

- (a) These Regulations came into force on 1 January 2024.
- (b) This degree was first offered in 2005.

2. Variations

In exceptional circumstances the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate may approve a personal programme of study which does not conform to these Regulations.

3. The structure of the qualification

To qualify for the Master of Health Sciences, a student must be credited with a minimum of 240 points towards the qualification, comprising:

- (a) Part I: 120 points of coursework with a B Grade Point Average, as specified in either:
 - i. Schedule S to these Regulations for the endorsed pathway; or
 - ii. Schedule V to these Regulations for the unendorsed pathway; and
- (b) Part II: either:
 - i. 120 points from Schedule E: Group 1; or
 - ii. 90 points from Schedule E: Group 1, and 30 points from Schedule V.
- (c) A student must complete 30 points of research methods courses, prior to enrolment in the thesis.
- (d) In exceptional circumstances, a student may transfer from the Master of Health Sciences Professional Practice and complete a 60 point dissertation to meet the requirements of the Master of Health Sciences, with approval from the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate.

4. Admission to the qualification

A student for the Master of Health Sciences, before enrolling for the degree programme, must:

- (a) have satisfied the Admission Regulations for the University to be admitted to this qualification;
- (b) for Part I, have either:
 - i. qualified for a bachelor's degree with a B Grade Point Average or better in a health-related discipline or an equivalent qualification; or
 - ii. been admitted with Academic Equivalent Standing.
- (c) for Part II, must have:
 - i. either:
 - a. met the requirements for Part I with a B Grade Point Average or better; or
 - b. qualified for a Postgraduate Diploma in Health Sciences, or an equivalent postgraduate qualification with a B Grade Point Average or better; and
 - ii. an approved topic and agreed supervision for the thesis; and
- (d) for the nursing endorsement, must have:
 - i. met the requirements stipulated in the Children's Act 2014 and health/immunisation requirements of clinical agencies and the HPCA Act 2003 prior to gaining entry; and
 - ii. for the purposes of Admission Regulations 5(a)(vi) and 5(b), those applicants who are required to demonstrate competency in English, and applicants whose first language is not English must provide evidence of:
 - a. IELTS (Academic) 7, with no individual score below 7; or
 - b. an alternative English language assessment, approved by Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate
- (e) been approved as a student for the Master of Health Sciences by the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate based on relevance and standard of previous study and professional experience.

5. Subjects

The Degree of Master of Health Sciences may be awarded either unendorsed or endorsed in one of the endorsements listed in Schedule 5 to these Regulations.

6. Time limits

The time limit for this qualification is:

- (a) A maximum completion time of 48 months for a student enrolled in Part I; and
- (b) A maximum completion time of 48 months for a student enrolled in Part II.
- (c) A student enrolled in the Nursing Endorsement must complete within the timeframe stipulated by the Nursing Council of New Zealand to be eligible to apply for registration.

7. Transfers of credit, substitutions and cross-credits

This qualification adheres to the Credit Recognition and Transfer Regulations with the following stipulation:

- (a) With prior approval from the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate, a student enrolled in Part I may be credited up to 60 points of relevant and equivalent postgraduate level courses from another school, department, faculty or from another university or tertiary institute.

8. Progression

This qualification adheres to the General Regulations for the University, which permits 30 points of course failures to qualify for the degree, with the following stipulation:

- (a) A student enrolled in an endorsement must have approval from the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate to continue in that endorsement following any failed course.

9. Honours, Distinction and Merit

This qualification adheres to the General Regulations for the University and may be awarded with Distinction and Merit.

10. Exit and Upgrade Pathways to other Qualifications

- (a) A student who has completed the requirements for the Master of Health Sciences, with a B Grade Point Average or better, may apply to the Amo Rangahau | Dean of Postgraduate Research for admission to the PhD programme.
- (b) A student for the Master of Health Sciences who has not met the requirements for the degree or who wishes to transfer to the Master of Health Sciences Professional Practice, Postgraduate Diploma in Health Sciences, or Postgraduate Certificate in Health Sciences may apply to the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate to withdraw from the degree and be awarded the Diploma or Certificate if they meet the requirements for that qualification.

Schedule S: Subject Courses for the Degree of Master of Health Sciences

For full course information, go to courseinfo.canterbury.ac.nz

Endorsed Option	Requirements
Environment and Health	HLTH403, HLTH460, ENVR415, GISC422, ENVR404 and GEOG404.
Health and Community	HLTH463 and HLTH469, and 60 points from Master of Health Sciences Schedule V, or Other relevant approved courses, or GEOG401 and 30 points from the Master of Health Sciences Schedule V
Health Behaviour Change	HLTH430 and HLTH431, and 60 points from the Master of Health Sciences Schedule V
Health Information Management	HLTH402, and 30 points from HLTH410, HLTH489, MBIS601, MBIS623, INFO620, INFO621, INFO633, INFO634, or 30 points from relevant approved courses, and 60 points from the Master of Health Sciences Schedule V
Health Leadership and Management	HLTH410, HLTH464, and 30 points from HLTH401, HLTH402 or HLTH409; and 30 points from MBUS602, MBUS603, MBUS644, MBUS650, MBAM610, or courses from the Master of Health Sciences Schedule V; and HLTH690 or HLTH410, HLTH464 and 60 points from HLTH401, HLTH402 or HLTH409; and 30 points from MBUS602, MBUS603, MBUS644, MBUS650, MBAM610 or courses from the Master of Health Sciences Schedule V; and HLTH697
Nursing	180 points from HLTH465, HLTH466, HLTH467, HLTH468, HLTH463, HLTH464 60 points from HLTH699
Palliative Care	HLTH450, HLTH448 and HLTH449, and 30 points from the Master of Health Sciences Schedule V Note: A student who holds a PGCertHPC from Whitireia Community Polytechnic may be exempt 60 points in replacement of HLTH448 and HLTH449 on application to the Amo Matua, Te Kaupeka Oranga Executive Dean of Health or delegate.

Note: Coursework is normally completed prior to thesis or dissertation enrolment. A student should either complete HLTH690 (120 points) or HLTH697 (90 points), except those enrolled in the Nursing endorsement, who should complete HLTH699 (60 points).

Schedule E: Elective Courses for the Degree of Master of Health Sciences

Group 1: Research

- 120 points from HLTH690 in area of endorsement; or
- 90 points from HLTH697 in area of endorsement.

Schedule V: Valid Courses for the Degree of Master of Health Sciences

Group 1: Taught Courses

Course Code	Course Title	Pts	2025	Location	P/C/R/RP/EQ
CFPY404	Psychometric Theory, Design and Appraisal	15	S1	Campus	P: Subject to the approval of the Associate Dean Academic. R: HLTH472
CFPY405	Psychology and Māori in Aotearoa New Zealand	15	S2	Campus	P: Subject to the approval of the Associate Dean - Academic.
COUN671	Counselling and Psychology: Theories and Skills	30	W X3	Campus UC Online	P: Subject to approval of the Head of School R: CFPY604, EDUC461, EDEM664, HLTH481
COUN681	Solution-focused theory and skills with individuals and groups	30	X1 W X3	UC Online Campus UC Online	P: Subject to approval of the Head of School R: COUN678; COUN679
COUN682	Focused Acceptance and Commitment Therapy (FACT)	15	SU2	Campus	P: Subject to the approval of the Head of Department.
HLTH401	Health and Health Systems	30	S1	Manawa	P: Subject to the approval of the Associate Dean - Academic. R: HLTH601 EQ: HLTH601
HLTH402	Health Information Management	30	S1	Distance Learning Campus	P: Subject to the approval of the Associate Dean - Academic.
HLTH403	Environmental Health	30	S2	Campus Distance Learning	P: Subject to the approval of the Associate Dean - Academic.
HLTH405	Special Topic: Independent Study	30	A	Distance Learning	P: Subject to approval of the Associate Dean - Academic. R: HLTH605 EQ: HLTH605
HLTH406	Special Topic	30	NO		P: Subject to approval of the Head of School R: HLTH606 EQ: HLTH606
HLTH407	Ethics and Health	30	S1	Distance Learning	P: Subject to approval of the Associate Dean - Academic. R: HLTH433, HLTH434, HLTH607, PHIL325, PHIL433, PHIL434, PHIL474 EQ: HLTH607
HLTH408	Special Topic: Independent Study	15	A	Distance Learning	P: Subject to approval of the Associate Dean - Academic.
HLTH409	Health and Culture	30	S2	Campus	P: Subject to approval of the Associate Dean - Academic. R: HLTH609
HLTH410	Leading and Motivating People in Healthcare Organizations	30	NO		P: Subject to approval of the Associate Dean - Academic.
HLTH415	Designing and Managing Learning in Clinical Practice	15	NO		P: Subject to the approval of the Head of School.
HLTH416	Deliver Learning in Clinical Practice	15	NO		P: Subject to the approval of the Head of School.
HLTH430	Motivating Behaviour Change I	30	S1	Manawa	P: Subject to approval of the Associate Dean - Academic.

HLTH431	Motivating Behaviour Change II	30	S2	Manawa	P: Subject to approval of the Associate Dean - Academic, and HLTH430.
HLTH433	Bioethics A	15	NO		P: Subject to approval of the Head of School R: HLTH407, HLTH607, PHIL474 EQ: PHIL474
HLTH442	Complementary and Alternative Medicine (CAM) Evidence Based Knowledge	30	NO		P: Subject to approval of the Head of School
HLTH448	The Foundation of Hospice Palliative Care	30	X	Distance Learning	P: Subject to approval of the Head of School
HLTH449	Praxis in Hospice Palliative Care	30	X	Distance Learning	P: Subject to approval of the Head of School
HLTH450	Palliative Care: Advanced Theory and Practice	30	X	Campus	P: Subject to approval of the Head of School
HLTH460	Epidemiology and Critical Appraisal	15	S1	Campus	P: Subject to approval from Head of School
HLTH461	Special Topic	30	S2	Campus	P: Subject to approval of the Associate Dean - Academic.
HLTH462	Quantitative Methods in Health	15	S2	Campus	P: Subject to approval of the Associate Dean - Academic. R: HLTH460
HLTH463	Whānau and Community Health	30	S2	Campus	P: Subject to approval of the Head of School of Health Sciences R: HLTH456
HLTH464	Research Approaches for Health and Sport	30	S1	Campus	P: Subject to the approval of the Associate Dean - Academic.
HLTH465	Professional Frameworks for Nursing Practice	30	X1	UC Online	P: Subject to approval of the Associate Dean - Academic. R: HLTH452
HLTH466	Health Assessment, Physiology and Pharmacology for Clinical Practice	30	X1	UC Online	P: Subject to approval of the Associate Dean - Academic. R: HLTH453
HLTH467	Mental Health and Addictions	30	X3	UC Online	P: Subject to the approval of the Associate Dean - Academic.
HLTH468	Acute and Long Term Health Care	30	X3	UC Online	P: Subject to approval of the Associate Dean - Academic. R: HLTH455
HLTH469	Health Issues in the Community	30	NO		
HLTH470	Qualitative Research Methods for Health	15	S2	Campus	P: Subject to approval of the Head of School. R: HLTH408
HLTH472	Introduction to Psychometric Theory and Administration	15	NO		P: Subject to approval of the Associate Dean - Academic. R: EDUC624, HLTH671
HLTH489	Health Sciences Professional Practice	30	NO		P: 60 points from the Health Sciences Postgraduate Diploma or Masters Schedule and head of Department approval. RP: Individual discussion with proposed academic supervisor.
HLTH661	Advanced Pathophysiology	30	X1	UC Online	P: Subject to the approval of the Associate Dean (Academic)
HLTH662	Advanced Health Assessment	30	X3	UC Online	P: Subject to approval from Associate Dean (Academic)
HLTH663	Advanced Pharmacology	30	X1	UC Online	P: Subject to approval by Associate Dean (Academic)

HLTH673	Advanced Professional Practice	30	X3	UC Online	P: Subject to the approval of the Associate Dean (Academic).
HLTH690	MHealSc Thesis	120	A	Distance Learning	P: Subject to approval of the Associate Dean - Academic.
HLTH692	Evidence for Clinical Practice	30	X1	UC Online	P: Subject to approval of Associate Dean (Academic) R: HLTH464
HLTH695	Health Sciences Dissertation	60	A	Distance Learning	P: Subject to approval of the Associate Dean - Academic.
HLTH697	Health Sciences Thesis	90	A	Distance Learning	P: Subject to approval of the Associate Dean - Academic.
HLTH699	Professional Portfolio; Nursing	60	X3	UC Online	P: HLTH463, HLTH464, HLTH465, HLTH466, HLTH467, HLTH468