



Adults with cleft talk about their experiences on BBC Scotland

## How can I enrol in the cleft clinic at UC?

If you meet the eligibility criteria, you can self-refer by contacting us. Alternatively, you can be referred by the Christchurch Hospital cleft team. Referrals can also be made by any other health or education professional who are working with the patient, with patient or parental consent.

## How to contact us

If you have any questions, or would like to make an appointment, please get in touch! Alternatively, you can submit a referral by scanning the QR below with your phone.

Tel: 03 369 3133

Email: [cleftclinic@canterbury.ac.nz](mailto:cleftclinic@canterbury.ac.nz)

We are located in the School of Psychology, Speech and Hearing in the Geography building. The clinical reception is on Level 1, accessed through the Arts Road entrance.

Make a referral online:



Photos: Unsplash

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# Cleft Clinic



# Cleft Clinic



## What is the cleft clinic at UC?

The cleft clinic at UC is a pilot (trial) cleft clinic being run during 2023. The clinic is designed to offer Speech Language Therapy and Clinical Psychology services to people who were born with cleft. The clinic is helping patients from the Christchurch Cleft Service to be seen more quickly, and also providing Speech Language Therapy and Clinical Psychology students with valuable experience working with cleft, always under the supervision of a fully qualified Speech Language Therapist and/or Clinical Psychologist.

## Who is eligible for the cleft clinic at UC?

If you/your child is aged 12 or over and have concerns about your/your child's speech, and you/they were born with a cleft, then you're eligible to be seen at the clinic. There is no upper age limit. Your cleft team may have referred you to be seen at the cleft clinic at UC. We will do our best to see all patients contacting our service, however, if there is very strong demand for our service we may have to place you on a waitlist or refer you to other services.

## What is expected of me as a patient of the cleft clinic at UC?

As a patient, we kindly ask that you attend all your sessions, and to let our admin team know as soon as possible if you can no longer make a session. Some patients in the clinic will also be randomly assigned to attend regular Clinical Psychology sessions, and we ask that you please attend these if asked. This is an important part of the pilot as we are trying to understand the impact that attending Clinical Psychology sessions alongside Speech Language Therapy has on treatment outcomes.

## Where is the cleft clinic at UC?

Your appointments will be at the Speech & Hearing Clinic at the University of Canterbury in Ilam. Free parking is available. More details on where to find us are available here: [www.canterbury.ac.nz/science/clinics/speech-and-hearing-clinic/](http://www.canterbury.ac.nz/science/clinics/speech-and-hearing-clinic/).

## How much does the cleft clinic at UC cost?

The assessment and treatment services offered through the cleft clinic at UC are free for all eligible patients.