

Learning Skills Centre

Course title	LSCA Adult Students' Programme
Target participants	Adults (first year students)
Course aims	To help first year adult students make a smooth transition to the university culture and to have an informed approach to their tertiary studies.
Learning outcomes	<p>By the end of the course, students should:</p> <ul style="list-style-type: none"> • be able to successfully undertake university study and effectively manage their time • be able to develop an argument by analysing different points of view • have a better understanding of how to increase their reading speed and which strategy (or strategies) to employ for each reading task • have the skills to achieve deeper learning and to acquire a better understanding when reading academic texts.
Course description	The Adult Students' Programme consists of four seminars, which cover time management; critical thinking and reasoning; maximising reading time, and reading to understand difficult academic texts, to help adult students gain an insight into the university culture and achieve academic success. The weekly meetings during term time are designed to help adult students gain confidence by providing them with a networking system where new students will have the opportunity for regular contact with a group of other first year adults. The course will enable them to learn university skills that will help to raise grades, and streamline their transition to university studies.
Learning Advisor(s)	Jacqui Tither
Number and length of sessions	Four 50-minute weekly sessions in term time
Day(s) and dates	One stream offered on various days and dates
How is the course delivered?	Seminars
Any specific equipment, text, handouts or prerequisite?	A teaching room to hold approximately 30 students; a document camera; a lectern.