

PALS 2021 - S1

Peer Assisted Learning Sessions

96% of students who attended at least 1 session indicated that PALS helped them better understand course material

88% indicated PALS helped them in keeping up with the course

“ I 100% would recommend PALS for other students to engage in. For me it not only helped me in understanding the content covered in the lectures, but it also helped me gain confidence in speaking to other students. The PALS seniors are really helpful and super kind. ”

Students who attended at least 1 PALS session report a 14% increase in academic self-efficacy scores, compared to the 0.8% increase for those who never attended PALS

“ It is nice having the information come from someone that is close in age to us and has done the course recently rather than someone talking at me like a lecturer. The PALS tutors talked to us and interacted which was nice. ”

CONFIDENCE

- in course content
- in asking for and receiving help
- in interacting with peers socially and academically
- in study skills generally
- in being a UC student

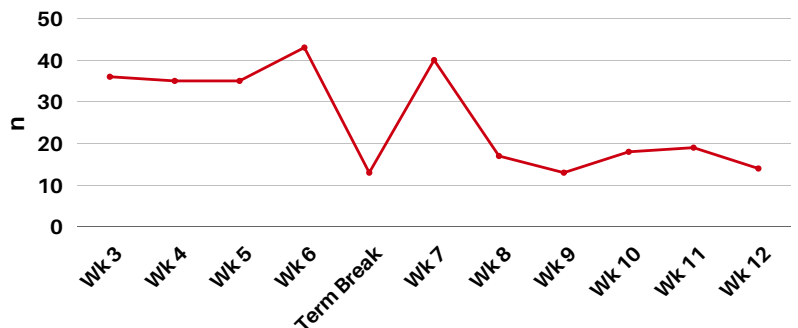
65% indicated that PALS helped build study and learning skills that are useful in other courses

“ These sessions are also beneficial since they allow you to learn from your peers as well as the tutors. ”

Demographics of PALS attendees

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|----------------------------------|-----|
| Māori | 21% |
| Pacific | 7% |
| First in Whānau | 37% |
| Students with a Disability | 17% |
| Students from low decile schools | 5% |

Session Attendance



“ I found PALS to be an extremely helpful resource and it has definitely helped me become more confident in learning PSCY105 content and I have also picked up a few tips and tricks that I can apply to other courses... Would love to see PALS as a standard offering for first year students. ”